

SmartScale

full-body monitoring



User Guide



Congratulations!

Reaching your fitness goals has never been easier. This slim, portable scale does more than just measure your weight. It syncs via Bluetooth to track your BMI, muscle mass, water percentage, bone mass, protein, and more through the Tzumi Smart Home app, making it simpler than ever to stay on top of your health.

Are you ready?

Know your Scale

LCD DIGITAL
SCREEN

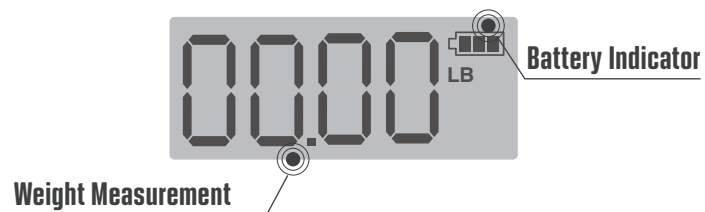
PRECISION
SENSORS



TEMPERED GLASS

Know your Scale

LCD display

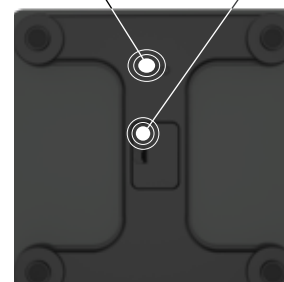


Weight Measurement

Battery Indicator

Unit/Reset Button

Battery Compartment



Better Results For Your Fitness Goals

INSTALLING THE BATTERIES

1. Open the battery compartment located on the back of the SmartScale.
2. Insert two AAA batteries into the battery compartment, making sure the positive and negative poles are in the right direction.
3. Close the compartment securely to keep the batteries in place.

NOTE: When the battery is low, "Lo" will appear on the LCD screen.

WHAT'S INCLUDED

- SmartScale
- User Guide

METRICS

- | | | |
|-----------------------------|------------------------------|----------------------|
| • Body Weight | • Weight Without Fat | • Visceral Fat Index |
| • Body Mass Index (BMI) | • Bone Mass | • Metabolic Age |
| • Fat Percentage | • Basal Metabolic Rate (BMR) | • Body Type |
| • Muscle Weight | • Weight Without Fat | • Fat Mass |
| • Water Weight | • Bone Mass | • Body Fat Index |
| • Weight Without Fat | • Protein Rate | • Personal Score |

FEATURES

Step-on activation
LCD display
Ultra-slim design
Stylish tempered glass top
Bluetooth sync for real-time data tracking

Know your Scale

USING THE SCALE

1. Press the Unit Button to select your preferred unit of measurement (kg or lb).
2. Step onto the scale, ensuring your feet are evenly positioned on the sensors.
3. If the LCD screen indicates "OL," it means there's an error or the weight is too heavy. Step off and back on for a correct measurement.
4. Step off the scale, it will turn off after 30 seconds of idle activity.

NOTE: The scale will only show body weight, to view detailed body composition metrics, download the Tzumi Smart Home app and sync your scale via Bluetooth.

If you have any questions about setting up this product, we are here to help. Call or email us and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or **support@tzumi.com**.

User Instructions

DOWNLOADING TZUMI SMART HOME APP

To ensure proper functionality, make sure your device runs ios 7.0 or later, or android 4.3 or later, and is equipped with bluetooth 4.0 or higher.

1. Enable Bluetooth on your device.
2. Download the Tzumi Smart Home app from the App Store or Google Play, or scan the QR code provided.
3. Open the app. On the home page, Tap the "Add Device" button located in the center of the screen or at the top right corner.
4. Step onto the scale to auto-start it.
5. The app's screen will display "Discovering devices." When the BMI scale is discovered tap the "Add" button to connect the BMI Scale.
6. The scale will be added to your app, and you can press the "Done" button to start using it.



If you want to connect the SmartScale to another device, you must first disconnect from any currently connected devices. To do this:

1. You can press and hold the Unit/Reset button to reset the scale or:
 - a. Tap on the Ellipsis (the three-dot icon) at the top right of the home page.
 - b. Tap the first option to change the device listing to grid view.
 - c. Select the second option labeled "Device Management" to select the FitRx SmartScale, then Tap the "Remove Device" icon at the bottom to disconnect it from the Tzumi Smart Home app.

User Instructions

USING THE TZUMI SMART HOME APP

NOTE: Make sure you are standing on the scale with bare feet to allow the precision sensors to work properly.

1. Once you are connected, you will be directed to the Home page of the FitRx SmartScale.
2. First, create a profile for yourself and others to accurately record body measurements by filling out your details.
3. To do this, tap the Visitor icon located in the top left corner of the app's Home page. Select "add a profile".
4. Set your basic details, including gender, birthday, height, and target weight.
5. You can view metrics such as BMI, body fat percentage, and muscle mass displayed on the home screen.
6. To access additional measurements like obesity level, bone mass, protein rate, and more, tap on the "Body Mass Index" tab.
7. Tap on the "Record" tab at the bottom to view your Body Mass Index for the day, week, or month.
8. You can also tap on the "Me" tab to choose options like "User Management," where you can switch between different profiles, and "Unit Switch", where you can select different units for weight and height measurements.
9. To return to the previous screen, press the arrow icon in the top left corner, then tap the Measurement icon in the bottom left corner.
10. You can also obtain a consolidated health report by tapping on the box with the arrow icon in the top right corner of the app.

Important Safeguards

CARE & MAINTENANCE

Clean with a soft cloth and neutral cleaning solutions; avoid harsh chemicals.

WARNINGS & SAFETY INFORMATION

- Avoid using the scale with wet feet to prevent slipping.
- Keep the scale dry and avoid submerging it in water.
- Stand in the center of the scale to avoid tipping.
- Do not use sharp or abrasive objects on the glass platform.
- Remove low-power batteries promptly to prevent leakage.
- Avoid applying excessive force or dropping the scale.
- Ensure accurate profile data input for reliable results.
- Keep out of reach of children; this unit is not a toy.
- Low-power batteries can also impact the product's performance.

SPECIFICATIONS

Power:
2x AAA batteries (not included)

Units of Measurement:
kg (kilograms), lb. (pounds)

Weight Range: Up to 397 lbs.

Auto-Off Time: 10 Seconds

Product Size:
11.02×11.02×0.94 in.

Supported System:
Tzumi Smart Home

Weight: 3.09 lbs.

Disclaimer

Read the instructions carefully before using the SmartScale. The use of this equipment is subject to following its instructions closely. Tzumi is not liable for any damages or losses caused by the inappropriate use of this device.

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