

FitR^x

Full Leg Air

Compression Wraps



User Guide



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Congratulations!

Never complain about leg day ever again. **The FitRx® Full Leg Air Compression Wraps** deliver muscle recovery for your legs so you can walk right back into the gym the next day. Whether your goal is to recover from your squat personal record, alleviate knee pain, improve your mobility and circulation, or just want a relaxing massage, air compression therapy is the perfect solution. We couldn't be happier to be taking this journey together while helping to promote a healthier you from the inside out.

Welcome to **FitRx®**.

Are you ready?

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Product Overview & Diagram

Included in your package

- FitRx® Leg Compression Wraps
- Controller
- Travel Case
- Wrap Hose Connector
- AC Power Adapter
- User Guide

Configure it to your goals

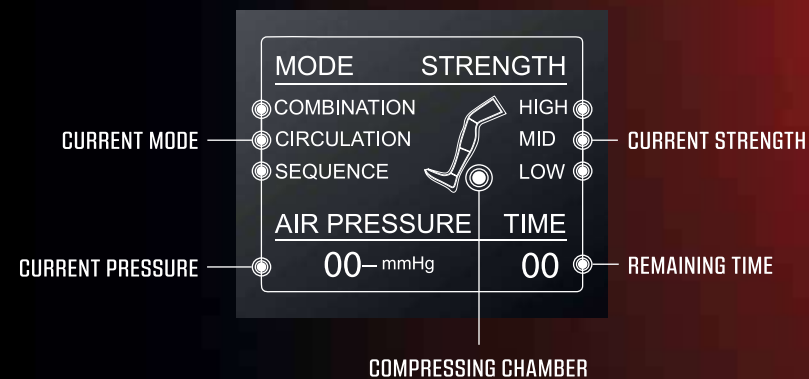
- Mobility & flexibility
- Pre-workout warm-up
- Post-workout recovery
- Sore muscle relief
- Improved blood circulation
- Joint pain relief
- Myofascial release
- Trigger point massage
- Relaxation



Controller Overview



Controller Display Overview



User Instructions

Please read the following user instructions before use.
Keep this user guide for future reference.

Setting Up Your Leg Compression Wraps

1. Before each use, always inspect the product to ensure there is no damage to the Power Adapter, the Remote, or the Wraps.
2. Connect the hoses to the connector. You will hear an audible 'click.'
3. Insert the Wrap Hose Connector into the Remote.
4. Plug one end of the Power Adapter into the Remote's DC port, and the other to an AC outlet. The Remote will 'beep' and the Display Screen will flash for 1 second.
5. Make sure you are sitting down in a comfortable location.
6. Unzip each Wrap. The Wraps do not open all the way.
7. Slide your feet into the Wraps, and zip them up to your thighs.

Using Your Leg Compression Wraps

1. Press the Power button to start the massage.
2. Press the PRESSURE Button to switch the massage intensity levels between LOW, MID, and HIGH.

3. Press the Mode Button to cycle between the 3 massage modes:

SEQUENCE, CIRCULATION, and COMBINATION.

- SEQUENCE MODE: Compresses each segment of the wrap one at a time.
- CIRCULATION MODE: Compresses all of the segments at once.
- COMBINATION MODE: A combination of both of the above modes for comprehensive massage coverage.

4. Press the TIME Button to set the time of your massage.

Cleaning & Care

1. Before cleaning the leg compression wraps, ensure that the controller is turned off, and that it is unplugged.
2. Use a damp, clean cloth to gently wipe both the controller and the compression wraps.
3. Dry them thoroughly and store them in a cool, dry location, out of direct sunlight.

CUSTOMER SUPPORT

If you have any questions about setting up or using this product, we are here to help. Call or email us, and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or **support@tzumi.com**

Safety Instructions

Please read the following safety instructions carefully to ensure safe use.

- Frequent use of high pressure may cause abrasions. If you experience pain or discomfort, stop using the Leg Compression Wraps immediately.
- Give the compression wraps time to cool down in between sessions.
- Do not use the compression wraps in damp or humid environments, such as in the bathroom or near a pool.
- Exposure to water may cause the compression wraps to short circuit.
- Do not use the compression wraps in direct sunlight or near an open flame.
- Exposure to high heat may cause the compression wraps to overheat.
- Do not cover the compression wraps or the controller with anything while they are in use, as this could cause the motor to overheat and the wraps to stop working.
- Do not attempt to disassemble or modify the compression wraps or the controller to avoid product malfunction.

- Do not use the cord as a handle.
- Only use the accessories provided with these compression wraps or the controller.
- Make sure the compression wraps are turned off when setting up or cleaning them.

SPECIFICATIONS

- **Input:** 12V/1A
- **Power:** 12W
- **Product Weight:** 7 lbs. (3.2 kg)
- **Product Size:**
 - Foot Length: 11.8 in.
 - Inseam: 34 in.

Important Safeguards

If you have any of the following pre-existing conditions, please consult with your doctor before using the compression wraps:

- If you experience severe pain, unusual symptoms, or want to remove the compression wraps in an emergency, press the POWER button or disconnect the Hoses, remove the compression wraps and consult your doctor.
- Have bone fractures or dislocations at or near the site of application.
- Pacemaker or a similar implanted electronic device.
- Heart disease.
- Skeletal damage or fragility, especially in the spine or back.
- Recent surgery or operation.
- Currently or recently pregnant.
- Diagnosed with a malignant tumor.
- Osteoporosis.
- Issues with blood circulation or thrombosis.
- Skin infection of any kind.
- Abnormal blood pressure.

Please stop using the compression wraps immediately if any of the following occurs:

- The power cord is damaged.
- The compression wraps were dropped or damaged in any way.
- The compression wraps have been submerged in water.
- The compression wraps are not operating correctly.

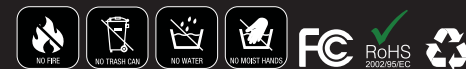
Warning: Consult with your doctor before using the compression wraps on an injured part of the body.



Disclaimer

Read the instructions carefully before using the compression wraps. The use of this equipment is subject to following its instructions closely. tzumi is not liable for any damages or losses caused by the inappropriate use of this device. Do not use the compression wraps without the approval of your doctor if you are: pregnant, diabetic, have a pacemaker, are recovering from surgery, suffer from migraines, neuropathy disorders, disc protrusion, or spinal inflammation. If you feel any pain or discomfort while using the compression wraps, stop using it immediately and consult your doctor or physiotherapist.

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