

Smartbell

quick-select weight adjustable dumbbell

Welcome to the FitRx fam!

Let's get started using your new SmartBell:

1. Make sure the dumbbell is properly aligned in the storage tray.
2. Use the handle to turn the quick-select dial to your desired weight.
3. Ensure that the plates are securely attached to the dumbbell.
4. Carefully remove the dumbbell from the tray and begin your workout.

Note: Make sure to align the arrow on the dial with the arrow on the body of the unit. Otherwise, weight plates might fall off.

Features

Quick-select weight dial

Safety lock for plates

Comfortable anti-slip handle

Durable storage tray

Benefits

A full rack of weights in one dumbbell

Customizable strength training

Convenient space-saving design

Easy wipe-down maintenance



Are you ready?

Warnings

1. Keep the SmartBell away from children.
2. Do not drop the SmartBell onto any surface.
3. This product is not intended for use by persons with reduced physical, sensory, or mental capabilities.
4. Use this product on a hard, level surface, with adequate space around and above it for the exercises that you want to perform. Only place the SmartBell on the included storage tray.
5. Always wear protective footwear while using this product. Never place your fingers between the SmartBell and the tray.

CUSTOMER SUPPORT

If you have any other questions or issues with using the FitRx SmartBell, please contact Technical Support at: **support@tzumi.com** or **1-855-GO-TZUMI**.

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