

FitRx™

Shiatsu 3D **wireless heat massager**



User Guide





Congratulations!

Relieve, recover, and relax with the **FitRx Shiatsu 3D Wireless Heat Massager**. This cordless, comfortable massager utilizes the power of shiatsu-style massage and heat relief to help reduce muscle soreness and stiffness, while also easing tension, fatigue, and stress. Shiatsu is a unique style of bodywork that includes massages with fingers, thumbs, palms, and feet (in Japanese, the word “shiatsu” means “finger pressure”). The FitRx Shiatsu 3D Wireless Heat Massager replicates these techniques, relieving pain and fatigue while providing a relaxing massage for your shoulders, neck, back, arms, legs, waist, and more. Get a true shiatsu experience without catching the next flight to Japan!

Welcome to the FitRx fam.

Are you ready?

Get to Know Your FitRx Shiatsu 3D Wireless Heat Massager

MASSAGE NODES

Bidirectional Deep
Kneading Rotation

HEAT MODES

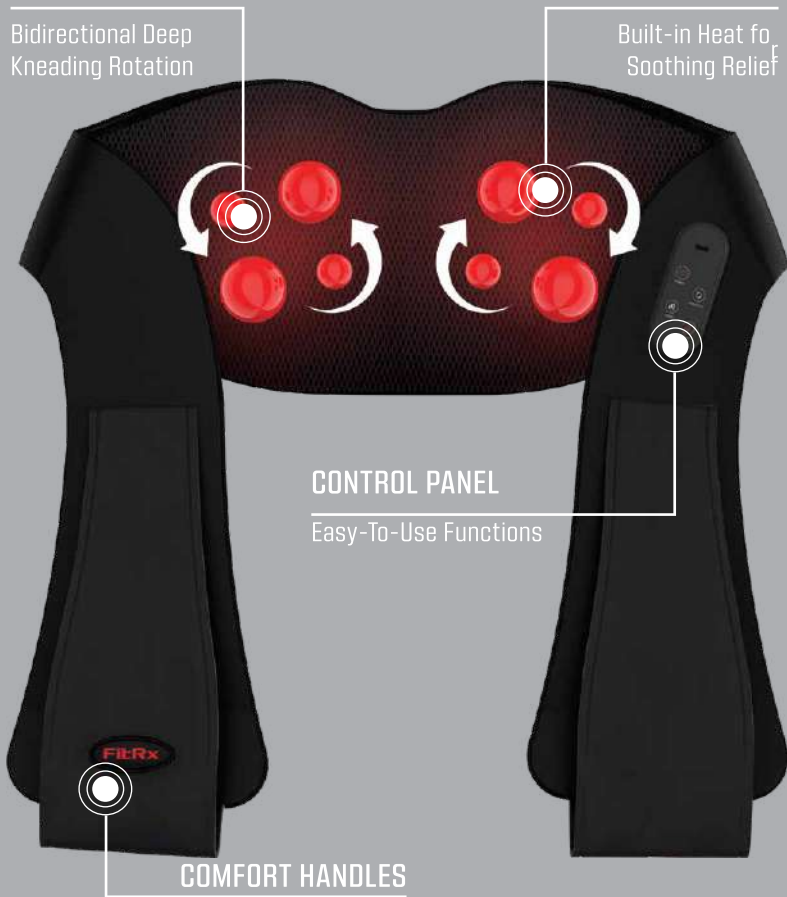
Built-in Heat for
Soothing Relief

CONTROL PANEL

Easy-To-Use Functions

COMFORT HANDLES

Arm loops for massage
pressure control



Better Results For Your Fitness Goals.

Included in your package

FitRx Shiatsu 3D Heat Massager

User Guide

USB-C Charging Cable

Features

16 kneading massage nodes

2 different massage directions

3 massage intensity modes

15 minute auto-shutoff

Soothing heat relief

Portable design

Benefits

Mobility & flexibility

Improved athletic performance

Pre-workout warm-up

Joint pain relief

Post-workout recovery

Myofascial release

Sore muscle relief

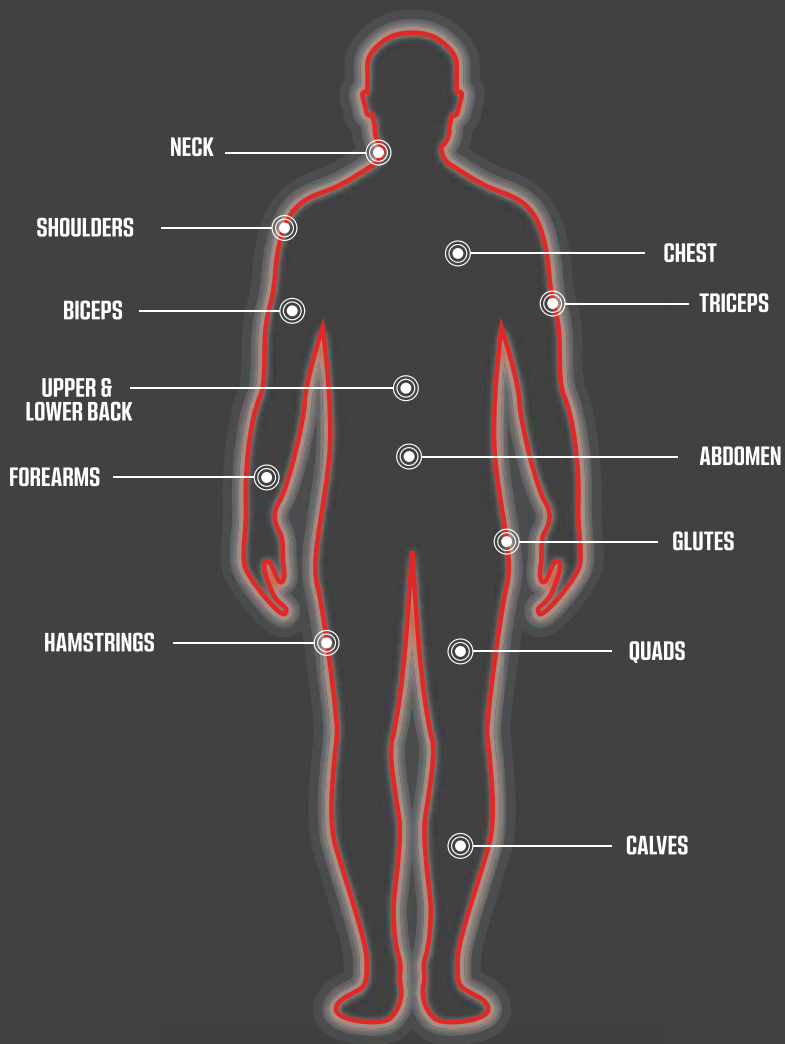
Trigger point massage

Better blood circulation

Relaxation

CUSTOMER SUPPORT

If you have any questions about setting up this product, we are here to help. Call or email us and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or **support@tzumi.com**



Embrace a Healthy Lifestyle

Relieve sore muscles in minutes with the FitRx Shiatsu 3D Wireless Heat Massager. This multi-purpose massager also helps improve your blood circulation, ease fatigue, reduce stress, soothe pressure, and promote relaxation!

You can use the FitRx Shiatsu 3D Wireless Heat Massager in several different ways! You can place it over your shoulders like a scarf, or wrap it around your waist.

User Instructions

Please read the user instructions before using the FitRx Shiatsu 3D Wireless Heat Massager. Keep this user guide for reference.

CHARGING THE FITRX SHIATSU 3D WIRELESS HEAT MASSAGER

1. Plug one end of the included USB-C charging cable into the massager, and the other end into a USB power source.
2. The charging indicator light will turn red when the massager is charging, and will turn green when it is fully charged.
3. The massager will fully charge in approximately 3.5 hours.

USING THE FITRX SHIATSU 3D WIRELESS HEAT MASSAGER

1. Place the massager on your body so it is in a comfortable position and targets the desired muscles.
2. Press the Power Button to turn the massager ON. You can use the hand loops on the massager to control the pressure of your massage.
3. Change the speed of the massage nodes using the Speed Button. Each click of the button lets you cycle through three different speed levels: normal, medium, and high.
4. The Heat Button controls the heat of the massager. Press it once to turn the heat ON, and again to turn it OFF.
5. Use the Direction Button to switch the direction of the massage nodes between clockwise and counterclockwise.
6. Press the Power Button at any time to turn the massager OFF. The massager will automatically shut off after 15 minutes.

Warnings and Safety

- If you are in the care of a physician, consult with them before using this product.
- The use of this device for massaging an injured part of the body should be avoided without consulting with your doctor.
- If you experience any discomfort while using this product, stop immediately.
- Do not use this product if it is wet or near water.
- Do not use this product if it is damaged or impaired. Do not attempt to disassemble or repair this product.
- Do not apply heavy amounts of pressure to this product to avoid injury.
- Do not use this product when your body is wet to avoid electrical shock.
- Do not over-massage sensitive skin.
- This device is not intended for use by children.
- Do not use this product on the head, chest, or joints.
- Only clean this product with a soft, dry cloth.
- Only store the massager in a dry, cool place, away from environments with extreme temperatures, water, or any other liquid.
- Do not use this product for long periods of time.

Warning: If you have any of these pre-existing conditions, please consult with your doctor before use:

Osteoporosis

Issues with blood circulation or thrombosis

Skin infection of any kind

Abnormal blood pressure

Pacemaker or similar heart device

Skeletal damage and fragility, especially in the spine or back

Recent surgery or operation

Currently pregnant or recently gave birth



Specifications

Input: 5V/2A

Power: 25W

Battery Capacity: 2000mAh

Weight: 3.06 lbs.

Size: 41.5 x 15.9 x 6.3 in.

Charging Time: approx. 3.5 hrs.

Usage Time: approx. 80 min.

Disclaimer

Read the instructions carefully before using the massager. The use of this equipment is subject to following its instructions closely. tzumi is not liable for any damage or loss caused by inappropriate use of the device.

Do not use the massager without the approval of your doctor if you are: pregnant, diabetic, have a pacemaker, recovering from surgery, suffer from migraines, neuropathy disorders, disc protrusion or spinal inflammation. If you feel pain or discomfort while using the massager, stop using it immediately and consult your doctor or physiotherapist.

FitRx Shiatsu 3D Wireless Heat Massager. Distributed by tzumi® Inc. NY, NY, 10016. ©Copyright 2023 tzumi Inc. All Rights Reserved. Made in China. All other trademarks and trade names are the property of their respective owners. All pictures shown are for illustration purposes only. Actual product may vary due to product enhancement. Subject to change without prior notice.

For more products and innovations,
visit FitRxRecovery.com

tzumi®
live awesome.