



User Manual



FitRx™





Train Harder.
Recover Smarter.



All the Information You Need to Achieve Your Fitness Goals

The FitRx Bluetooth Smart Scale is the ultimate partner for your fitness and wellness journey. It provides vital information to help you meet your goals like body weight, body mass index (BMI), body fat rate (BFR), basal metabolic rate (BMR), and more! With all this information, you can track your progress and adjust as needed—always keeping you ahead of the game. Stay in the know with the FitRx Bluetooth Smart Scale!

Welcome to the **FitRx** fam.

Are you ready?



LCD DIGITAL
SCREEN

FOOT
ELECTRODE PADS



UNIT BUTTON
(ON REVERSE SIDE)

TEMPERED GLASS

3

Better Results For Your Fitness Goals.

Included in your package

FitRx Bluetooth Smart Scale

This Fabulous Manual



Precautions

- Do not jump or stomp on the scale.
- This product is made of glass, please handle with care.
- Scale is slippery when wet; ensure both the scale platform and your feet are dry before use.
- Do not set the scale on soft surfaces like carpet.

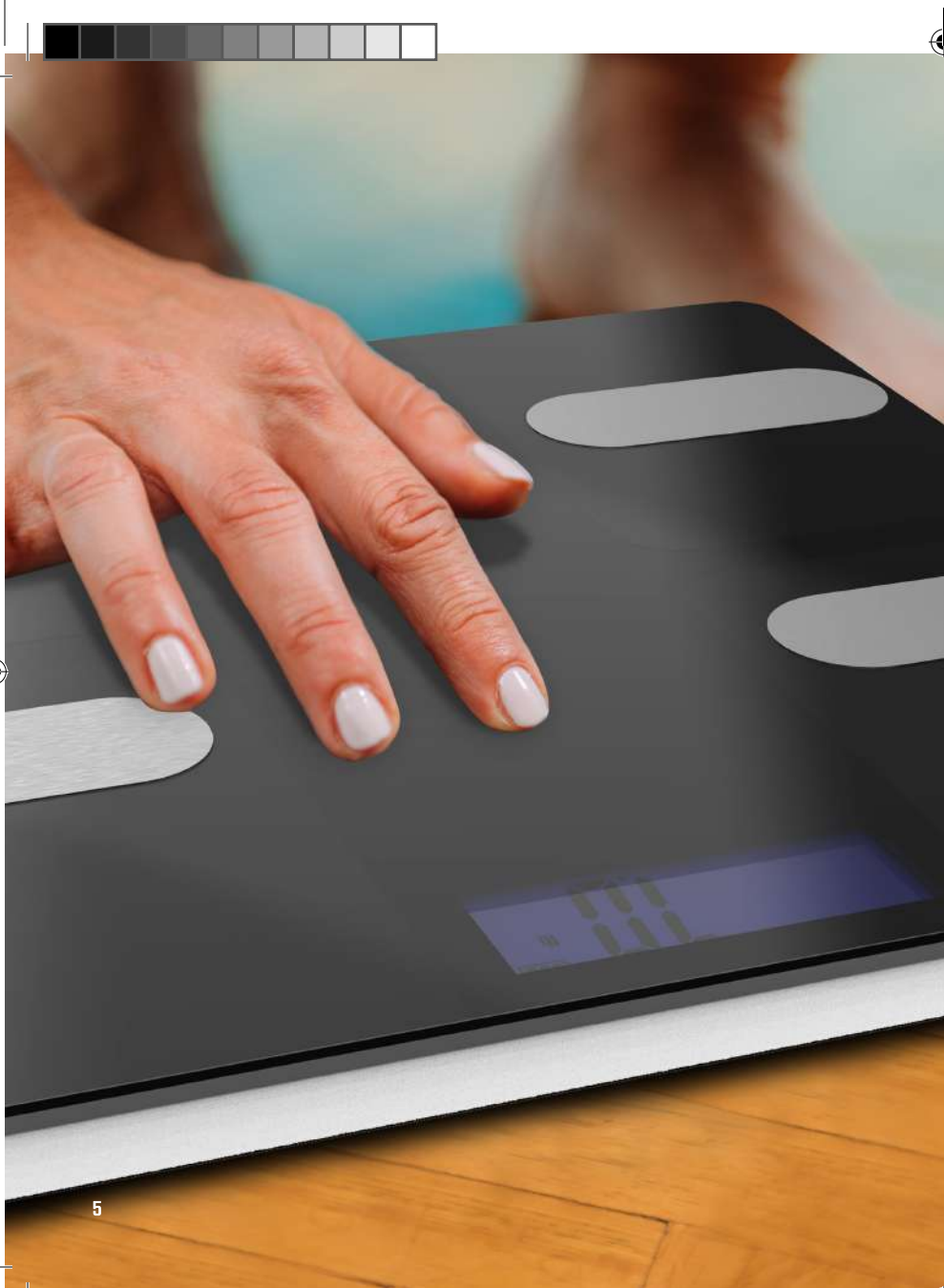
Features

- Tracks vital information to guide you on your fitness and wellness journey such as body weight, BMI, BFR, BMR, muscle mass, bone mass, and more.
- View and store data with the Tzumi Smart Home app.
- Get insights on your data and tips on how to improve your physical wellness.
- Create multiple accounts for the whole family to store individual data on the app!
- Sturdy build with easy start up and auto-shutoff.

CUSTOMER SUPPORT

If you have any questions about setting up your FitRx Bluetooth Smart Scale, we are here to help! Call or email us and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or **support@tzumi.com**

4



Stay On Top of Your Progress

Checking in on your progress makes the journey of achieving your fitness and wellness goals more effective and exciting. The FitRx Bluetooth Smart Scale grants you access to the information you need to make the right decisions along the way. You put a lot of time and effort into your fitness regimen, so you deserve to have the necessary information you need for it to evolve and deliver the best results possible. Stay on top of your progress with the FitRX Bluetooth Smart Scale!



User Instructions

Please read the user instructions before using FitRx Bluetooth Scale. Keep this manual for reference.

SETUP

1. Insert the batteries into the battery compartment on the bottom of the scale and then your FitRx Bluetooth Smart Scale will be ready to use.
2. Set the scale on a hard, flat surface.
3. No need to turn it on! Just step on the scale evenly with both feet aligned with the electrode patches.
4. Your weight reading will then appear on the screen.

Note: Press the "Unit" button on the bottom of the scale to change the unit of measurement.

5. Only your body weight will appear on the scale. The rest of the recorded information is available via the Tzumi Smart Home app (see further instructions on how to install the app).
6. The scale will automatically power off without further operation.

THE FOLLOWING ARE CHARACTERS THAT WILL DISPLAY ON THE SCREEN INDICATING AN ERROR:

Err: Scale is over maximum capacity (397lbs).

Lo: Battery is low and needs to be replaced. The battery compartment is located on the bottom of the scale.

Err1: Body fat percentage is less than 5% or over 50% or the test was unsuccessful.

INSTALLING THE APP

1. Be sure your mobile device is running iOS8/Android 6.0 or later.
2. Scan the QR code or search and download the Tzumi Smart Home app in the Apple App Store or Google Play Store.



User Instructions

Continued...

INSTALLING THE APP CONTINUED...

3. Register an account on the Tzumi Smart Home app.
 - a. Enter your mobile number or email address.
 - b. Enter the verification code and create a password.
4. Make sure the Bluetooth is on and active on your device.
5. Press and hold the button on the back of the scale for about 5 seconds until you see blinking squares and SU on the display.
6. Open the Tzumi Smart Home app and click on the "+" in the top right corner.
7. The app will search for the scale, once found, it will show the scale, click on the "+" to add the scale to the app.
8. Follow the app instructions to finish the scale setup.
9. Click to select the user.
10. Create a user profile by filling out all the necessary information.
11. The app will then bring you to a dashboard, showing your personalized data. You can click on each measured data for more information.

USING THE SMART SCALE

1. Step on the scale to turn it on and start measuring.
2. For the scale to collect all the data, stand barefoot on the scale and make sure your feet are covering the electrode sensors.
3. Open the scale on the app and make sure is connected.



USING THE SMART SCALE CONTINUED...

4. The app will receive all the information from the scale and will display on the app. The app will measure:
- Body Weight
 - Basal Metabolic Rate (BMR)
 - Body Fat Index
 - Body Mass Index (BMI)
 - Protein Rate
 - Personal Score
 - Fat Percentage
 - Visceral Fat Index
 - Bone Mass
 - Muscle Weight
 - Metabolic Age
 - Water Weight
 - Body Type
 - Weight Without Fat
 - Fat Mass
5. You can create and use different profiles on the app for different users within the same app.

IMPORTANT SAFEGUARDS

To clean the scale, only use a soft tissue with alcohol or glass cleaner.
Keep scale away from water, heat, or extreme cold.
Do not use if the base of the scale is broken or cracked in any way.

SPECIFICATIONS

Power: 3V (uses 2x AAA batteries) **Weighing range:** 7-397lbs
Units: Kg, lb, st:lb **Auto-off time:** 10 Seconds
Division: 0.1 kg **Product size:** 11x11x1 in



Disclaimer

Read the instructions carefully before using the scale. The use of this equipment is subject to following its instructions closely. Tzumi is not liable for any damages or loss caused by inappropriate use of the device.

FitRx Bluetooth Smart Scale. Distributed by tzumi Inc. NY, NY, 10016. ©Copyright 2021 tzumi Inc. All Rights Reserved. Made In China. All other trademarks and tradenames are the property of their respectful owners. All pictures shown are for illustration purpose only. Actual product may vary due to product enhancement. Subject to change without prior notice.





For more details on the
FitRx family of products or
to check out more innovation
visit tzumi.com

tzumi®
live awesome.

