

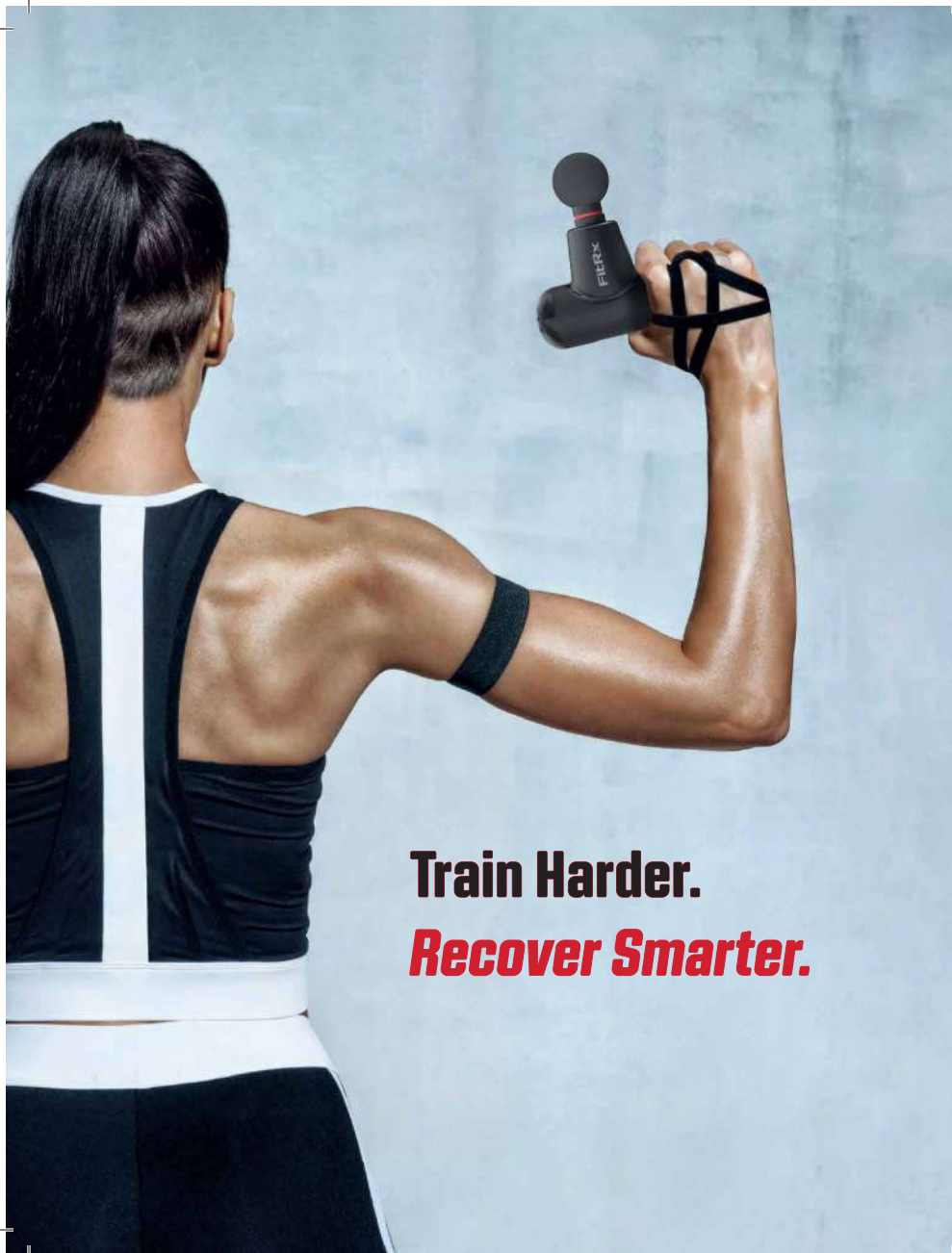
FitRx®

Max-Mini massager



relieve.
recover.
relax.

USER GUIDE



Train Harder.
Recover Smarter.



Congrats!

You're now one step closer to improved physical fitness and overall wellness.

The **FitRx Max-Mini massager** delivers results everyone can benefit from, whether your goal is relief from muscle fatigue or chronic pain, improved athletic performance and circulation, or just a relaxing massage.

We couldn't be happier to be taking this journey together while helping to promote a healthier you from the inside out.

Welcome to the FitRx fam.

Are you ready?

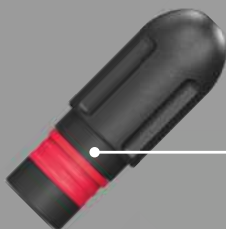
ROUND

Larger Muscles



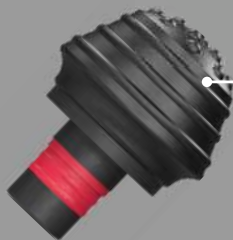
PRECISION

Joints & Deep Tissue



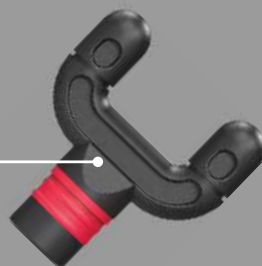
ABSORBER

Sensitive Spots



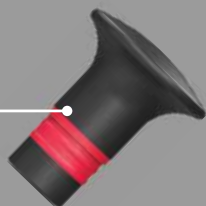
DUAL

Neck & Back



FLAT

All Body Parts



Better Results for your Fitness Goals

Included in your package

FitRx Max-Mini Massager

Five Massage Heads

USB-C Cable

Hard Carrying Case

User Guide

Use it for what you need

Enhanced mobility & flexibility

Pre-workout warm-up

Post-workout recovery

Sore muscle relief

Improved blood circulation

Joint pain relief

Myofascial release

Trigger point massage

Increased relaxation

CUSTOMER SUPPORT

If you have any questions about setting up or using this product, we are here to help. Call or email us, and an experienced customer support representative will be happy to assist you: **1-855-60-TZUMI** or **support@tzumi.com**.

Using the FitRx Max-Mini Massager

Please read this user guide carefully before using the FitRx Max-Mini massager.

MESSAGE HEAD INSTALLATION

1. Make sure the massager is OFF before attaching any message bits to the massager.
2. Choose the message head that works best for you.
3. Carefully insert the connecting end of the message bit into the massager's socket.
 - Make sure the attachment is fully inserted before use.
4. To remove the message bit, first turn the massager off, then grab the bit and pull it out of the socket.

POWERING ON & OFF

1. Press and hold the Power button for 3 seconds to turn the massager ON.
 - The level 1 indicator light on the control panel will glow, and the massager will begin to vibrate.
2. Once the massager is turned ON, it will start working at the lowest speed.
3. Press the Power button to cycle through the 4 intensity levels available:
 - Level 1:** 1800 RPM (best used for waking up the muscles).
 - Level 2:** 2000 RPM (best used for fascia relaxation).
 - Level 3:** 2300 RPM (best used for breaking down lactic acids).
 - Level 4:** 2600 RPM (best used for deep massaging action).
4. Glide the massager across soft tissue and tendons, gradually applying light to moderate pressure as needed. Press the Power button again to stop the massager and put it on standby mode.
5. To turn the massager OFF, press and hold the Power button for 3 seconds.
6. The massager will automatically turn OFF after 5 minutes of inactivity, or after 15 minutes of continuous use.

WARNING: The massager can cause serious injuries if used incorrectly or carelessly. Please use it as instructed.

Using the FitRx Max-Mini Massager

Continued...

HOW TO MAINTAIN YOUR MASSAGER

To keep this device in pristine condition, wipe its surface with a slightly damp towel, and dry it with a soft cloth. Keep the device away from liquids and heat.

CHARGING INSTRUCTIONS

Note: Some USB-C to USB-C cables are not compatible with the massager, in which case you can use a USB-A to USB-C cable instead.

1. Plug one end of the included charging cable into the charging port on the massager, and the other end into a USB power source.
2. The LED indicator lights around the base of the massager will flash while the massager is charging, and turn solid once the massager is fully charged.
3. Fully charge the massager before using it for the first time.
 - The massager takes approximately 4 hours to fully charge.
 - Do not use the massager while it is charging.
4. The indicator lights will flicker when the massager's battery power is low.
5. The average runtime of the massager is up to 6 hours, depending on the speed and pressure levels used.
 - When fully charged, the massager can be used at all intensity levels (1-4).
 - When the battery power is only at 75%, you will only be able to use levels 1, 2, and 3.
 - When the battery power is only at 50%, you will only be able to use levels 1 and 2.
 - When the battery power is only at 25%, you will only be able to use level 1.

Important Safeguards

To reduce the risk of electric shock, fire, and injury, follow these instructions carefully:

- Do not reach for the massager if it has fallen into water. Unplug it immediately if it's charging.
- Do not use the massager while bathing, in the shower, or outside in inclement weather.
- Do not place or store the massager where it can fall or be pulled into water.
- Do not place or drop the massager into water or other liquids.
- Do not use the massager without attachments.
- Do not carry the massager by the charging cable, or use the cable as a handle.
- Do not operate the massager where aerosol (spray) products are being used, or where oxygen is being administered.
- Do not use this massager for more than 20 minutes at a time.
- Do not use the massager in close proximity to loose clothing, jewelry, or long hair.
- Never drop or insert objects into any openings on the massager.
- Never operate the massager if it has a damaged charging cable; if it is not working properly; if it has been dropped or damaged; or if it has been dropped into water.

Important Safeguards

Continued...

- Make sure to fully insert your chosen massage bit into the massager's socket before turning the massager ON.
- The massager should never be left unattended while it is plugged in.
- Always unplug the massager from the power source immediately after charging and before cleaning.
- Keep the charging cable away from heated surfaces.
- Exercise caution when using the massager near children or disabled persons.
- The massager contains an electromagnetic motor. To avoid the risk of injury, do not use it within six inches of an implantable cardiac device.
- Only use the massager as described in this manual. Do not use any attachments not recommended by the manufacturer.

DO NOT USE THE MASSAGER ON:

Sensitive skin

Swollen or inflamed areas

Areas with poor circulation

Skin bruises

Unidentified calf or abdominal pain

Varicose veins

The front of your neck

Genital area

Sleeping or unconscious persons

NOTE: Please consult with your doctor or physician before using your massager if you have any injuries or medical conditions that may be of concern. This is not a medical device.



SPECIFICATIONS

Measurements:

5.6 x 3.2 x 1.8 in.

Weight: 1 lb.

Speed: 1800-2600 RPM

Heads: Round, Flat, Precision,
Dual, Absorber

Battery Type: Lithium-ion Battery

Battery Capacity: 7.4V/2000mAh

Charging Time: 4 hours

Working Time: up to 6 hours

Input: 5V/2A

Disclaimer

Read the instructions carefully before using the massager. The use of this equipment is subject to following its instructions closely. tzumi is not liable for any damages or losses caused by the inappropriate use of the device.

If you are: pregnant, diabetic, have a pacemaker, are recovering from surgery, suffer from migraines and/or neuropathy disorders, disc protrusions and/or spinal inflammation, do not use this massager without the approval of your doctor. If you feel any pain or discomfort while using the massager, stop using it immediately and consult your doctor.

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